

ONE HEALTH :

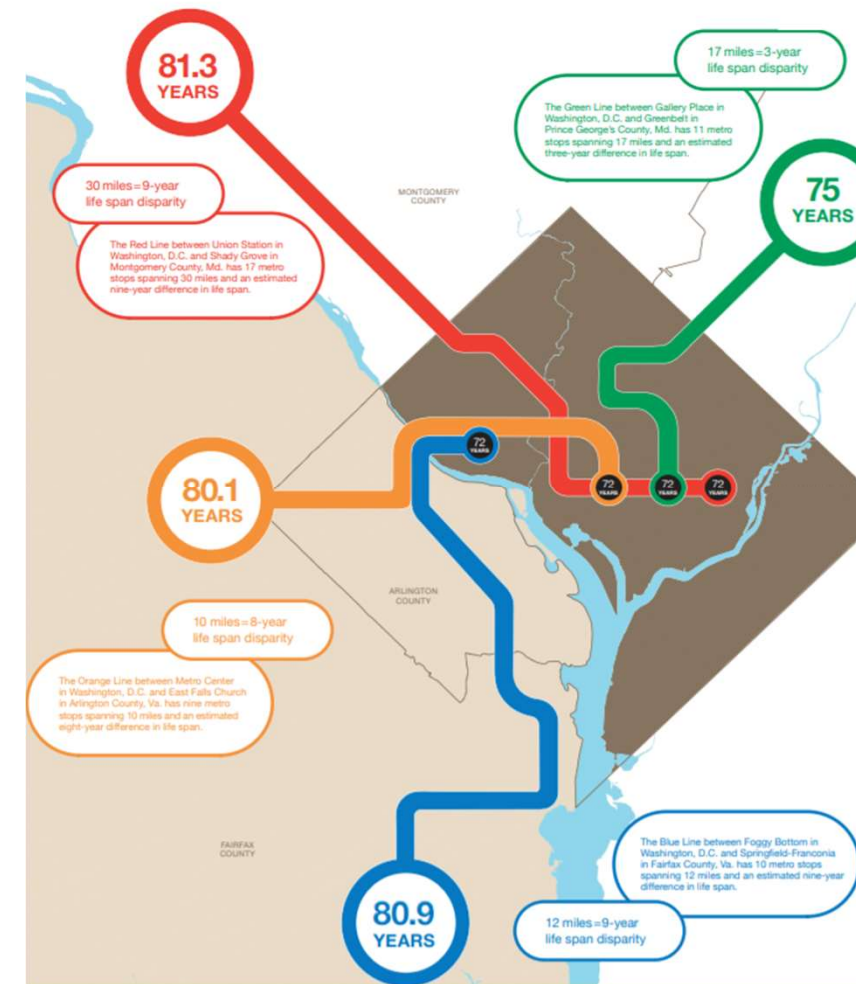
A multi-sectoral approach for driving local action on health and well-being

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OVERVIEW: INEQUITY AT A GLANCE

- Poverty and inequity are two of the greatest challenges of this century
- **689 million** people world-wide live on less than **\$2 per day**
- Urban areas are already home to **55%** of the world's population - it is anticipated that this will grow to **68% by 2050**
- Stark differences in economic opportunities, discrimination and unequal opportunities in work explain poorer health outcomes of women and minority ethnic groups and significant health inequities between and within countries



The Red Line between Washington, D.C. and Shady Grove, Md. has 17 metro stops spanning 30 miles and an estimated nine-year difference in life span

Zooming in on the European Region



Mental Health

64% of young people in the EU reported low well-being in 2021.



Urbanization

Two-thirds of the population lives in urban environments



Child Poverty

In high-income countries, one child in five lives in poverty



Non communicable diseases

Physical inactivity is responsible for 1 million deaths every year.



Air Pollution

1.4 million Europeans die prematurely each year due to polluted environments



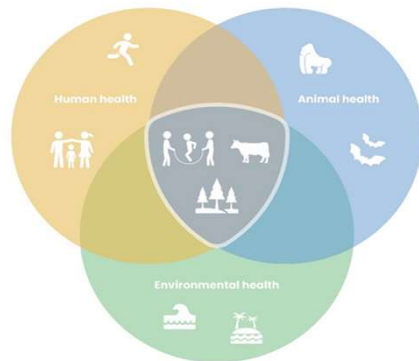
Road Traffic Injuries

92 492 people die every year from road traffic injuries in the Region



WHY ONE HEALTH ?

One Health, a critical approach for addressing the interconnection of human health, animals and the environment.



- ✔ Reduce AMR
- ✔ Prevent and control zoonotic diseases
- ✔ Promote global health security
- ✔ Improve environment
- ✔ Improve food safety and security
- ✔ Protect biodiversity and conservation

ONE HEALTH: A CALL FOR A PARADIGM SHIFT



Transformation: A change in health-care framework



Holistic vision of health and the associations between health, environmental quality, climate, food and agriculture, and biodiversity



Multiple drivers including social-ecological drivers and political and economic context

‘A world better able to prevent, predict, detect and respond to health threats and improve the health of humans, animals, plants and the environment while contributing to sustainable Development’

ONE HEALTH: REGIONAL APPROACH



TAG formed on one health with ongoing meetings

October 2022



High-level technical briefing on One Health: Launch of Adaptation Guide

October 2024



High-level technical briefing on One Health: Launch of Collaborating Center on One Health

November 2024

The Healthy Cities Network: A Vehicle for Localizing One Health

81
Flagship Cities

1900 +
Cities

22
National Networks

237
Million people



We are in Phase VII (2019 - 2025) which marks **35 years of knowledge, experience and innovation**



Currently consists of **over 81 cities/ 237 million people** supported by National Healthy Cities Networks in 22 countries



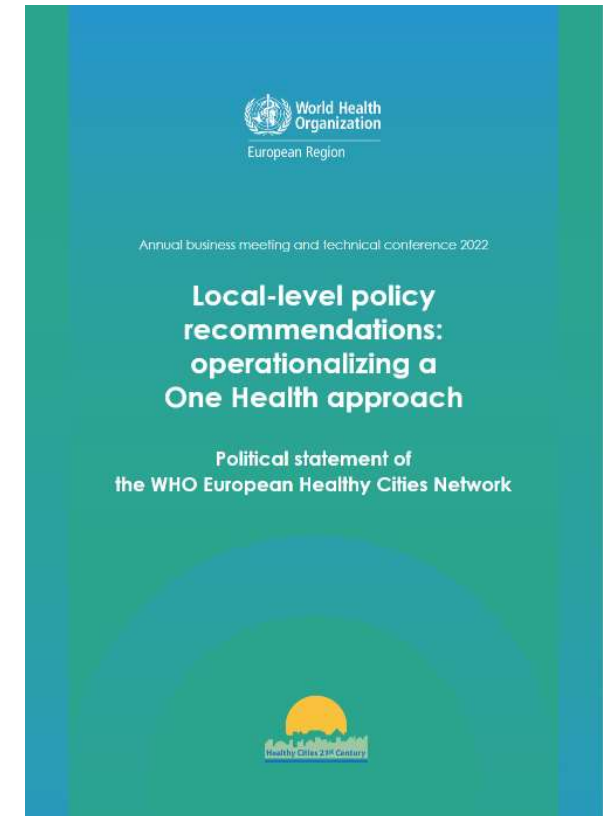
The Healthy Cities Network represents substantial opportunities for the future: Municipal leaders and local **governments play a key role in working across all sectors in a coordinated effort** to reduce health inequities and promote well-being

One Health and local level political interventions

The network's annual conference held on the theme of ***Healthy Cities Leading by Example: One Planet, One People, One Health***

In 2022, the WHO European Healthy Cities Network welcomed the call to action of the Pan-European Commission on Health and Sustainable Development and took forward the recommendation to operationalize the One Health approach at the local level and to intensify the conversation about the interaction between human, animal and environmental health

The network adopted a political statement that outlines **10 local-level concrete policy recommendations** in the domains of prevention, preparation, promotion and transformation to operationalize a **One Health approach**



[World Health Organization, Regional Office for Europe](#)

LOCAL-LEVEL POLICY RECOMMENDATIONS: OPERATIONALIZING A ONE HEALTH APPROACH



PREVENTION:

1. Map, innovate and scale up existing One Health initiatives and networks at the local level
2. Increase One Health literacy across all levels
3. Build back better by further investing in research and data across all sectors



PROMOTION

7. Promote change in food systems
8. Promote healthy urban planning
9. Promote projects and partnerships



PREPARATION

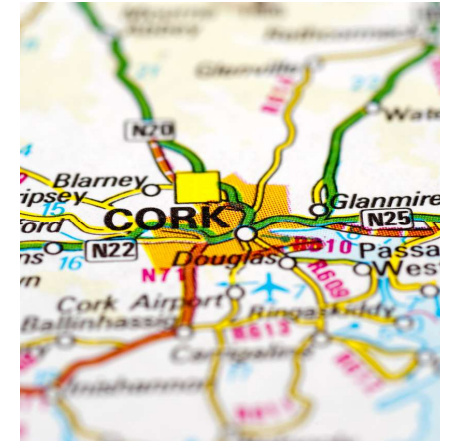
4. Strengthen the social component of One Health
5. Create urban resilience
6. Ensure the Healthy Cities' Steering Committee reflects the One Health approach



TRANSFORMATION

10. Transform collaboration across jurisdictions and on multiple governance levels

ONE HEALTH IN ACTION: CORK CITY



Togher Community Garden

- Established in 2021 using a **One Health approach** through **permaculture design**
- Focuses on **earth care, people care, and fair share**
- Key features: soil and water management, carbon sink pond, plant cultivation
- **Outdoor classroom** for workshops on **cooking, seed saving, foraging, and biodiversity**
- Promotes **sustainable food systems** and **community engagement**
- A model of One Health's potential to **address local and global health challenges**

KEY TAKEAWAYS



Community well-being is **interconnected** with **human, animal, and environmental health**. Local context is key to addressing these challenges effectively.



Local governments play a pivotal role in aligning health interventions **across sectors**.



Through the **Healthy Cities framework**, cities can champion the One Health approach by fostering **cross-sector partnerships**, addressing the **wider determinants of health**.



Together, we can **break down silos and align human, animal, and environmental health** for the well-being of all.



THANK YOU



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